



## OCTOBER ACTIVITIES 2017

DATE	ACTIVITY
Monday 2 <sup>nd</sup>	DIY Pilates (Mtg Rm) at 10:00 am Games in Agnes House 2:00 pm to 4:00 pm Art Group (Mtg Rm) at 2:30 pm Scrabble (BdRm) at 7:00 pm
Tuesday 3 <sup>rd</sup>	Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 4 <sup>th</sup>	Story Telling (Agnes House) 11:00 am to 12:00 noon <b>Performance Poet, Rob Gee Agnes House 2:00 pm</b> Card Making (BdRm) at 2:30 pm
Thursday 5 <sup>th</sup>	Coffee Morning (BdRm) at 10:15 am Music & Movement (Agnes House) at 11:15 am to 12:15 pm Film Club (Cinema Room) at 2:30 pm
Friday 6 <sup>th</sup>	Bingo (Agnes House) at 2:00 pm Rothley Fisheries <b>Departing approximately 12:30 pm</b>
Saturday 7 <sup>th</sup>	Beetle Drive (BdRm) 2:30 pm
Monday 9 <sup>th</sup>	DIY Pilates (Mtg Rm) at 10:00 am Games in Agnes House 2:00 pm to 4:00 pm Art Group (BdRm) at 2:30 pm
Tuesday 10 <sup>th</sup>	Homegroup (Mtg Rm) at 10:30 am Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 11 <sup>th</sup>	Story Telling (Agnes House) 11:00 am to 12:00 noon Table Tennis (BdRm) 2:30 pm
Thursday 12 <sup>th</sup>	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Film Club (Cinema Room) at 2:30 pm
Friday 13 <sup>th</sup>	Bingo (Agnes House) at 2:00 pm Quiz (BdRm) 2:30 pm

**Activities are open to all residents**

**Please note that dates may change, keep an eye on the Noticeboard**



## OCTOBER ACTIVITIES 2017

DATE	ACTIVITY
Monday 16 <sup>th</sup>	DIY Pilates (Mtg Rm) at 10:00 am Games in Agnes House 2:00 pm to 4:00 pm Art Group (BdRm) at 2:30 pm
Tuesday 17 <sup>th</sup>	Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 18 <sup>th</sup>	Story Telling (Agnes House) 11:00 am to 12:00 noon Bingo (BdRm) at 2:30 pm
Thursday 19 <sup>th</sup>	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Film Club (Cinema Room) at 2:30 pm
Friday 20 <sup>th</sup>	Bingo (Agnes House) at 2:00 pm Uno Card Game (BdRm) at 2:30 pm
Saturday 21 <sup>st</sup>	<b>Street Orchestra of London St. Ursula's Chapel at 2:45 pm</b>
Monday 23 <sup>rd</sup>	DIY Pilates (Mtg Rm) at 10:00 am Games in Agnes House 2:00 pm to 4:00 pm Art Group (BdRm) at 2:30 pm
Tuesday 24 <sup>th</sup>	Homegroup (Mtg Rm) at 10:30 am Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 25 <sup>th</sup>	Story Telling (Agnes House) 11:00 am to 12:00 noon Mid-Week Roast (BdRm) at 4:00 pm
Thursday 26 <sup>th</sup>	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Film Club (Cinema Room) at 2:30 pm Knitting Club (BdRm) at 6:00 pm Cards Night (BdRm) at 7:00 pm
Friday 27 <sup>th</sup>	Bingo (Agnes House) at 2:00 pm Poetry (BdRm) at 2:15 pm
Monday 30 <sup>th</sup>	DIY Pilates (Mtg Rm) at 10:00 am Games in Agnes House 2:00 pm to 4:00 pm Art Group (BdRm) at 2:30 pm
Tuesday 31 <sup>st</sup>	Do It Yourself Chair Exercises (BdRm) at 2:30 pm

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